Kuwait Institute for Medical Specialization





**Faculty of Psychiatry** 

كلية الطب النفسي

#### **PGY2** Schedule – core curriculum

- 1. Academic day (every Thursday, unless mentioned otherwise) starts 8 am at resident's room (time can be adjusted with the tutor for better convenience). Every week is followed by clinical interview skills.
- 2. Residents are expected to attend all activities as the aim of the lectures is to provide a comprehensive foundation in general psychiatry, for developing psychiatric residents.
- 3. All residents attending the core curriculum lectures will be expected to have read the appropriate chapters written in the references. Chapters may overlap and get repeated due to importance of subject. Electronic access will be provided to residents via the board website. The main reference is Kaplan and Sadocks synopsis edition 10. Articles and other references will be provided in PDF documents.
- 4. On day of lectures, you will be expected to complete a Tutor's Evaluation Form for each lecture.
- 5. Attendance will be monitored via tutors. Attendance rates below 70% may result in an "unsatisfactory" rating and will become part of your academic file and will be reviewed by the program director.
- 6. In case of unavailability of supervisors or presenting resident, the curriculum coordinator must be notified to arrange a substitute.
- 7. In case of academic day schedule change, it is expected that the residents will resume their work duty on that day.
- 8. Residents are asked to arrange their on-call schedules and duties. Avoid (if possible) night duty on Wednesdays for better preparation for academic day.

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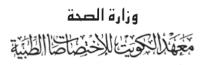
**Faculty of Psychiatry** 

كلية الطب النفسي

# **Core Curriculum PGY1 lectures**

| Торіс                               | Time               | Recommended<br>Presenters                 | CaNMEDS<br>objectives:  | References   | Tutor<br>Signat<br>ure |
|-------------------------------------|--------------------|---|---|--|------------------------|
| Week 1 (1/10/                       | <b>/2024)</b>      |   |   |  |                        |
| Program Orientation Day             | 8 -<br>10:30<br>am | Program Director and Faculty              | Collaborator 1,<br>2<br>Leader 1  | Resident and Tutor<br>Manual 2019  |                        |
| Week 2 (10/10                       | 0/2024)            |   |   |  |                        |
| Introduction to psychopharmaco logy | 8:00 -<br>8:45 am  | - Dr<br>Mohammed<br>Zain<br>(pharmacy)    | Medical<br>Expert 2.1.1.7.,<br>4.1.2., 4.1.7.   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 29.1)   |                        |
| Psychoanalytic Therapy 1            | 9:00 -<br>9:45 am  | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi | Medical Expert: 4.1.4  The Therapeutic Process; Therapeutic Techniques and Procedures; Jung's Perspective on the Development of Personality | Theory and Practice<br>of Counseling and<br>Psychotherapy, 8th<br>Edition, Gerald<br>Corey, Thompson<br>2009 |                        |

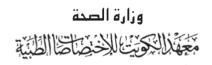




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|--|-------------------------|---|--|---|---|--|
| Clinical interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>schedule             | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |   |  |
| Week 3 (17/10  | Week 3 (17/10/2024)     |   |  |   |   |  |
| Premorbid assessment of schizophrenia/ first episode psychosis | 8:00 -<br>8:45am        | Dr Noura<br>AlNouri                               | Medical Expert 2.1.1.1.7.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 7)   |   |  |
| Clinical<br>interview  | 11:30<br>-1:30<br>pm    | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |   |  |
| Week 4 (24/10  | 0/2024)                 |   |  |   |   |  |
| Schizophrenia: History, Diagnosis, Phenomenology, Epidemiology | 8 - 9am                 | Dr Shereen<br>AbdulMawla                          | Medical Expert 2.1.1.1.7.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 7)   |   |  |

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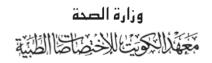
**Faculty of Psychiatry** 

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| Psychoanalytic Therapy 2      | 10:00 -<br>10:45<br>am     | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Object- Relations Theory, Self Psychology, and Relational Psychoanalysis   | Theory and Practice<br>of Counseling and<br>Psychotherapy, 8th<br>Edition, Gerald<br>Corey, Thompson<br>2009 |  |
| Clinical<br>interview         | 11:30<br>am<br>-1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.            | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)  |  |
| Week 5 (31/10                 | 0/2024)                    |   |   |  |  |
| Neurobiology of Schizophrenia | 8:00 -<br>8:45 am          | Dr Noura<br>AlNouri                               | Medical Expert 2.1.1.1.7., 2.1.1.7., 4.1.2.   | - Kaplan and Sadocks synopsis (Chapter 7) -Stahl psychopharmacolog y (Chapter 4)                             |  |
| Psychoanalytic Therapy 3      | 10:00 -<br>10:45<br>am     | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Psychoanalytic Therapy From a Multicultural Perspective; Adlerian Therapy. | Theory and Practice<br>of Counseling and<br>Psychotherapy, 8th<br>Edition, Gerald<br>Corey, Thompson<br>2009 |  |

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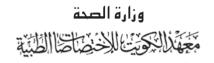


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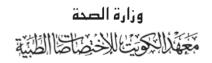
| Clinical<br>interview  | 11:30<br>am<br>-1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)   |  |
|--|----------------------------|---|--|---|--|
| Week 6 (7/11/  | <b>/2024)</b>              |   |  |   |  |
| CPI Training   | 8:00 -<br>1:00 pm          | All Residents                                     |  |   |  |
| Week 7 (14/1   | 1/2024)                    |   |  |   |  |
| Psychopharmaco logy seminar: LAI  Article Discussions Wunderink L, et all Recovery in remitted first-episode psychosis at 7 years of follow-up of an early dose reduction/ discontinuation or maintenance treatment strategy: long-term follow-up of a 2-year randomized clinical trial. JAMA Psychiatry. 2013; 70(9):913-20 | 8:00-<br>8:45am            | Dr Mohammed<br>AboZaid                            | Medical Expert 2.1.1.1.7.  | -Taylor, D. (2009). Psychophar macology and adverse effects of antipsychotic longacting injections: A review. British Journal of Psychiatry, 195(S52), s13–s19.doi:10.1192/bjp.195.52.s13 |  |





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|--|----------------------------|---|---|---|--|
| Clinical<br>interview  | 11:30<br>am<br>-1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |
| Week 8 (21/1   | 1/2024)                    |   |   |   |  |
| Major Depression Disorder: Subtypes and treatment approach to resistant depression | 8:00-<br>8:45am            | Dr Aseel<br>Ibrahim                               | Medical Expert<br>2.1.2.10.<br>Scholar 2  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 8)   |  |
| Neuroanatomy/ Neurophysiology for Psychiatrists Part 1                             | 9:00 -<br>11:00<br>am      | Joined with PGY-2  Dr. Saja Abulbanat             | Medical Expert  |   |  |
| Cognitive Behavior Therapy 1   | 10:00 -<br>10:45<br>am     | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Albert Ellis's Rational Emotive Behavior Therapy; Key Concepts and The Therapeutic Process; Therapeutic Techniques and Procedures; |   |  |

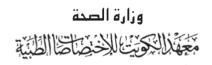




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|---|-------------------------|---|---|---|--|
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.                      | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)   |  |
| Week 9 (28/1  | 1/2024)                 |   |   |   |  |
| Neuroanatomy/ Neurophysiology for Psychiatrists Part 2                                    | 9:00 -<br>11:00<br>am   | Joined with PGY-2  Dr. Saja Abulbanat             | Medical Expert  |   |  |
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)   |  |
| Week 10 (5/12   | 2//2024                 | -)  |   |   |  |
| Depression Psychopharmaco logy seminar:  Further modalities - rTMS, ECT, Esketamine Spray | 8:00-<br>8:45am         | Dr Najah<br>AlEnezi                               | Medical<br>Expert<br>2.1.1.1.3.,<br>2.1.1.7., 4.1.7.,<br>4.1.2.   | Stahl psychopharmacolog y (Chapter 7, p285- 309) -Kaplan and Sadocks synopsis (Chapter 29.27 and 29.28) |  |

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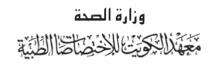
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|---|-------------------------|---|---|---|---|
| Cognitive Behavior Therapy 2  | 10:00 -<br>10:45<br>am  | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |   |   |
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3.   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |   |
| Week 11 (12/  | 12/2024                 | 1)  |   |   |   |
| Reflective practice – Approach to treatment resistant patient with lack of improvement on Antidepressants | 8:00 -<br>11:00<br>am   | Dr Mohammed<br>AlSuwaidan                         | Medical Expert 2.1.1.1.2.   | - Kaplan and Sadocks<br>synopsis (Chapter 8)      |   |
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |   |

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| Week 12 (19/  | 12/2024                 | <b>1</b> )  |   |   |  |
| Reflective practice – Approach to managing pregnant bipolar patient | 9-10 am                 | Dr. Aseel Al-<br>Ibrahim                          | Medical Expert 2.1.1.1.7.   | Case scenario for discussion                      |  |
| Cognitive<br>Behavior<br>Therapy 3                                  | 10:00 -<br>10:45        | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |   |  |
| Further modalities - rTMS, ECT, Esketamine Spray                    | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |
| Week 13 (26/  | 12/2024                 | <b>L</b> )  |   |   |  |
| Feedback to<br>residents and<br>faculty                             | 9:00<br>-10:00<br>am    | Faculty   |   |   |  |

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| Faculty of Psyc   | hiatry                  | KI  | ية الطب النفسي   |   | 2         |
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)           |           |
| Week 14 (09/  | 1/2025)                 |   |  |   |           |
| Obsessive compulsive disorder- epidemiology, presentation, course and treatment | 8-11 am                 | Dr Ashraf<br>AlShathli                            | Medical Expert 2.1.1.1.2   | <ul><li>DSM 5</li><li>Kaplan and Sadocks synopsis</li></ul> |           |
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)           |           |
| Week 15 (16/0   | 01/2025                 | 5)  |  |   |           |
| PTSD and<br>trauma related<br>disorders   | 8- 8:45<br>am           | Dr Khaled<br>AlShafei                             | Medical Expert 2.1.1.1.2   | <ul><li>DSM 5</li><li>Kaplan and Sadocks synopsis</li></ul> |           |

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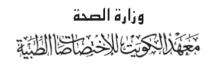


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| Faculty of Psychiatry   |                         | K.I.M.S.  |   | كلية الطب النفسي                                  |  |
|---|-------------------------|---|---|---|--|
| Cognitive Behavior Therapy 4  | 10:00 -<br>10:45        | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |   |  |
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3.   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |
| Week 16 (23/0   | 01/2025                 | 5)  |   |   |  |
| The Forensic Mental Health System and The Forensic Assessments, Violence risk assessment and the HCR-20 | 8:00 -<br>8:45am        | Dr Talal Ahmed                                    | Medical expert 2.1.2.2  | - Kaplan and<br>Sadocks synopsis                  |  |
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3.   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |

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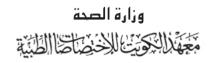
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| Week 17 (30/01/2025)                             |                         |   |   |   |  |
|--|-------------------------|---|---|---|--|
| Paraphilias and ASPD.  Assessment of malingering | 8:00 -<br>8:45          | Dr Sameh Yosri                                    | Medical expert 2.1.2.1.8.   |   |  |
| Level 2 Psychotherapy                            | 10:00 -<br>10:45<br>am  | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |   |  |
| Clinical<br>interview                            | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |

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| Week 18 (06/0   | 02/202                  | 5)  |  |   |  |
| Article discussion: Starcevic V. Janca A. Pharmacotherap y of borderline personality disorder: replacing confusion with prudent pragmatism. Curr Opin Psychiatry. 2018; 31(1):69-73 | 8:00 -<br>8:45          | Dr Shereen<br>AbdulMawla                          | Medical Expert<br>2.1.1.1.6<br>Scholar 1,2,3,4   |   |  |
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |
| Week 19 (13/0   | 02/202                  | 5)  |  |   |  |
| Article discussion: Felthous AR, Stanford MS. A Proposed Algorithm for the Pharmacothe rapy of Impulsive Aggression. J Am Acad Psychiatry Law. 2015;43(4): 456-67                   | 9-11<br>pm              | Dr Ashraf<br>AlShathli                            | Medical expert 2.1.2.1.1. Scholar 1,2,3,4  |   |  |

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| Level 2 Psychotherapy  | 10:00 -<br>10:45<br>am | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |  |  |
| Week 20 (20/   | 02/202                 | 5)  | '   |  |  |
| 28. Article Discussions: Yatham LN, Kennedy SH, Parikh SV, et al. Canadian Network for Mood and Anxiety Treatments (CANMAT) and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder. Bipolar Disord. 2018;20(2):97–170. doi:10.1111/ bdi.12609 | 10:00 -<br>11:00<br>am | Dr Ammar<br>Alsayegh                      | Medical expert 2.1.1.1.2., 2.1.1.13 Scholar 1,2,3,4   | Yatham LN, Kennedy SH, Parikh SV, et al. Canadian Network for Mood and Anxiety Treatments (CANMAT) and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder. Bipolar Disord. 2018;20(2):97–170. doi:10.1111/bdi.12609 |  |

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|---|-------------------------|---|--|--|--|
| Level 2 Psychotherapy                   | 10:00 -<br>10:45<br>am  | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4 Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |  |  |
| Clinical<br>interview                   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)  |  |
| Week 21 (27/0                           | 02/2025                 | ō) Kuwait Na                                      | tional Day   |  |  |
| Week 22 (06/3/2025) Ramadan Kareem      |                         |   |  |  |  |
| Consent. Capacity and mental health law | 9-11 am                 | Dr<br>Abdulmohsen<br>AlHumoud                     | Medical expert<br>1.3.5, 1.3.6 and<br>1.3.8<br>Professional<br>2.1.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 36.1) |  |

**Kuwait Institute for** Medical Specialization





| Medical Specialization       |                         | معهد المنطقة الطبية                               |   |  |  |
|------------------------------|-------------------------|---|---|--|--|
| Faculty of Psyc              | hiatry                  | KIMS.   |   | كلية الطب النفسي   |  |
| Level 2 Psychotherapy        | 10:00 -<br>10:45<br>am  | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |  |  |
| Clinical<br>interview        | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)                                |  |
| Week 23 (13/0                | 03/2025                 | 5) Ramadan I                                      | Kareem  |  |  |
| Substance Use Disorders      | 9:00<br>-10:00<br>am    | Dr Khaled<br>AlShafei                             | Medical expert 2.1.1.1.8.   | <ul><li>Kaplan and<br/>Sadocks synopsis<br/>(Chapter 20)</li><li>DSM 5</li></ul> |  |
| <u>Clinical</u><br>interview | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)                                |  |

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Leader 1.3.

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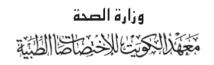
وزارة الصحة مَعِهُ الْكِونِيُّ الْإِذْ ضَاحًا الطَّبِيَّةِ

**Faculty of Psychiatry** 

كلية الطب النفسي

| Tacuty of Tsychiatry  |                        |   |   |   |  |
|---|------------------------|---|---|---|--|
| Week 24 (20/0   | J3/202t                | <b>)</b>                                  |   |   |  |
| Ethics: pillars of ethics, conflict of interests, boundaries in psychiatry. | 10-11<br>am            | Dr Talal Ahmed                            | Medical expert 1.6, 1.3.3 Communicator 1.2, 1.3 Professional 1 Collaborator 1.9   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 36.2)<br>The APA<br>TEXTBOOK OF<br>PSYCHIATRY (6<br>edition) (chapter 7) |  |
| Level 2 Psychotherapy   | 10:00 -<br>10:45<br>am | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |   |  |
| Week 25 (27/3   | 3/2025)                |   |   |   |  |
| Eating disorders: Psychopharmaco logy/ psychotherapy                        | 9:00 -<br>10:00        | Dr Mohammed<br>Mostafa                    | Medical expert 2.1.2.1.4.   |   |  |





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|---|-------------------------|---|---|---|--|
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3.   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |
| Week 26 (03/4   | 4/2025)                 | Eid AlFiter                                       |   |   |  |
| Week 27 (10/0   | 04/202                  | 5)  |   |   |  |
| Difference between early- phase primary psychotic disorders with concurrent substance use and substance induced psychoses | 9:00<br>-10:00<br>am    | Dr Hussain<br>AlShatti                            | Scholar 1,2,3,4   | Article (Arch Gen psychiatry, Vol 62, 2005)       |  |
| Level 2 Psychotherapy   | 10:00 -<br>10:45<br>am  | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |   |  |

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<u>illness</u>





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|---|-------------------------|---|--|--|----|
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)  |    |
| Week 28 (17/0   | 04/2025                 | 5)  |  |  |    |
| Anxiety disorders: diagnosis, Epidemiology, types, Neurobiology | 8:00<br>9:30am          | Dr Ammar<br>Alsayegh                              | Medical expert 2.1.1.1.1   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 9-10) |    |
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)  |    |
| Week 29 (24/0   | 04/2025                 | 5)  |  |  |    |
| Feedback to<br>residents and<br>faculty                         | 9-11 am                 | Faculty   | Scholar 3.6.<br>Collaborator<br>1.6.<br>Leader 4.1.                                    |  |    |
| Week 30 (01/0   | 05/2025                 | 5)  |  |  |    |
| Cultural psychiatry- Culture bound illness                      | 9:00 -<br>10:00<br>am   | Dr Shereen<br>AbdulMawla                          | Medical Expert 4.2.  |  |    |





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|---|-------------------------|---|---|---|--|
| Level 2 Psychotherapy   | 10:00 -<br>10:45<br>am  | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |   |  |
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |
| Week 31 (08/05/2025)  |                         |   |   |   |  |
| Neurogenetics: DNA structure, Heritability of psychiatric disorders, Genetic linkage, Epigenetics | 9:00 -<br>10:00<br>am   | Dr Mohammad<br>AboZaid                            | Medical Expert 2.1.2.3.   |   |  |

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10:00 -

10:45

11:30a

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9:00 -

10:00

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Week 32 (15/05/2025)

Neurophysiology

/ Neurochemistry

**Clinical** 

<u>interview</u>

am



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Level 2

Clinical

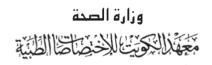
<u>interview</u>

**Psychotherapy** 

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|---|---|--|--|--|
| Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |  |  |  |
| See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3.   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)            |  |  |
| 5)  |   |  |  |  |
| Dr Tareq Shokri                                   | Medical Expert 2.1.2.5.   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 1.2, and<br>1.4 |  |  |
| See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3.   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)            |  |  |

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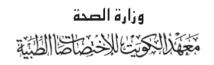
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|------------------------------------|-------------------------|---|---|--|---|--|
| Week 33 (22/05/2025)               |                         |   |   |  |   |  |
| Level 2 Psychotherapy              | 10:00 -<br>10:45<br>am  | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |  |   |  |
| Neurophysiology/<br>Neurochemistry | 9:00 -<br>10:00<br>am   | Dr Tareq Shokri                                   | Medical Expert 2.1.2.5.   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 1.2, and<br>1.4 |   |  |
| Clinical<br>interview              | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1)            |   |  |

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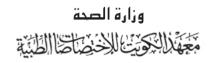


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|---|-------------------------|---|---|---|--|
| Week 34 (29/05/2025)  |                         |   |   |   |  |
| Intellectual Disability: epidemiology, diagnosis, and causes, Scales, presentation and Comorbidity  Psychopharmacol ogy | 8 -<br>8:45am           | Dr Kosast, Dr<br>Eman<br>AlBoloushi               | Medical<br>Expert 2.1.1.3.  |   |  |
| Clinical<br>interview   | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3.   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |
| Week 35 (05/0   | 06/2025                 | 5)  |   |   |  |
| Level 2 Psychotherapy   | 10:00 -<br>10:45<br>am  | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |   |  |
| Extra Lecture   |                         |   |   |   |  |

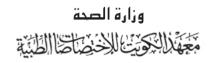




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|--|-------------------------|---|---|---|---|
| Clinical<br>interview                                  | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3.   | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |   |
| Week 36 (12/6  | 6/2025)                 |   |   |   |   |
| Level 2 Psychotherapy                                  | 10:00 -<br>10:45<br>am  | Dr Talal AlAli<br>Dr Fadhel<br>Alkhashawi         | Medical Expert: 4.1.4  Aaron Beck's Cognitive Therapy; Donald Meichenbaum's Cognitive Behavior Modification; Cognitive Behavior Therapy From a Multicultural Perspective. |   |   |
| Clinical<br>interview                                  | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator 1,2,3,4 Professional 1.1., 2.3. 2.4 Health Advocate 1.1, 2.1. Leader 1.3.  | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |   |
| Week 37 (19/6/2025)                                    |                         |   |   |   |   |
| Extra Lecture  |                         |   |   |   |   |

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| Week 38 (26/6/2025)   |                         |   |   |   |  |  |
| Extra Lecture         |                         |   |   |   |  |  |
| Week 39 (03/07/2025)  |                         |   |   |   |  |  |
|                       |                         |   |   |   |  |  |
| Clinical<br>interview | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |  |
| Week 40 (10/0         | Week 40 (10/07/2025)    |   |   |   |  |  |
|                       |                         |   |   |   |  |  |
| Clinical<br>interview | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |  |
| Week 41 (17/0         | 07/2025                 | 5)  |   |   |  |  |
|                       |                         |   |   |   |  |  |
| Clinical<br>interview | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |  |
| Week 42 (24/07/2025)  |                         |   |   |   |  |  |
|                       |                         |   |   |   |  |  |
|                       |                         |   |   |   |  |  |

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| Clinical<br>interview               | 11:30a<br>m -1:30<br>pm | See Clinical<br>Interview<br>seminars<br>schedule | Communicator<br>1,2,3,4<br>Professional<br>1.1., 2.3. 2.4<br>Health<br>Advocate 1.1,<br>2.1.<br>Leader 1.3. | - Kaplan and<br>Sadocks synopsis<br>(Chapter 5.1) |  |
|-------------------------------------|-------------------------|---|---|---|--|
| Week 43 (31/0                       | 07/2025                 | 5)  |   |   |  |
|                                     |                         |   |   |   |  |
| Week 44 (07/0                       | 08/2025                 | 5)  |   |   |  |
|                                     |                         |   |   |   |  |
| Week 45 (14/0                       | 08/2025                 | 5)  |   |   |  |
|                                     |                         |   |   |   |  |
| Week 47 (21/0                       | 08/2025                 | 5)  |   |   |  |
|                                     |                         |   |   |   |  |
| Week 48 (28/0                       | 08/2025                 | 5)  |   |   |  |
|                                     |                         |   |   |   |  |
| Week 49 (04/0                       | 09/2025                 | 5)  |   |   |  |
| Part I MCQ<br>Exam<br>(provisional) |                         |   |   |   |  |
| Week 50 (11/0                       | 09/2025                 | 5)  |   |   |  |
|                                     |                         |   |   |   |  |
| Week 51 (18/0                       | 09/2025                 | 5)  |   |   |  |
|                                     |                         |   |   |   |  |